



Tuesday 23 October 2018

## From The Principals Desk

Welcome back to Term 4. I trust that all of our families had a restful break. It is wonderful to see all of the students (and their parents) return with smiles for another great term at CEPS!

### Kindergarten Orientation 2019

This week is the first opportunity for the kindergarten children for next year to visit our school to begin their orientation to school. On Wednesday, the parents will visit the hall and receive a wide variety of information about our school in order to familiarise themselves with some of the key staff, our P&C members and learn about what to expect for their child's first year of school. The students will visit our kindergarten classrooms to meet the staff and some new friends. We are looking forward to welcoming our visitors on Wednesday.

### Student Executive 2019

Year 5 students will have the opportunity to nominate for a position in the student executive team for 2019. Detailed information about the process of selection will be distributed to all Year 5 students this week. We hope that many of our students make the decision to be part of the process and take on one of these very rewarding roles during their final year of their primary education.

### New Website

Our website has completely transitioned to the platform. We are aware that some of the content that was previously on the website had not moved across and we are working on uploading all of this information as soon as we can. One of the new features is the Google calendar. For parents with their own personal Google calendar, they can add our CEPS Community calendar to their account by following these steps:

1. On your computer, open your Google calendar (you cannot do this from an app)
2. On the left, above "My Calendars" click 'Add from URL'
3. Enter our **calendar's** address in the field provided. This is:  
<https://calendar.google.com/calendar/ical/cepschoolcalendar%40gmail.com/public/basic.ics>
4. Click "Add Calendar"

If parents do not want to subscribe to our whole calendar using these steps, they can simply select the events applicable to them and click the 'Add to my calendar' link from the website on an item-by-item basis.

### Staffing 2019

Following final confirmation of kindergarten enrolments this week, we will be working on finalising the staffing plan and formulating classes for next year. We are confident that we will increase from

10 mainstream classes to 11 next year, as a result of the high number of kindergarten enrolments for 2019. If you know of anyone who has not yet enrolled their child for next year, please hurry them along! Likewise, if your child will not be returning to CEPS next year, please advise the office as soon as possible. We have been advised that we will be receiving a demountable classroom soon to house the additional class. This classroom will be located at the rear of 6L.

### **School Maintenance Update**

The students were very excited last week when they returned to school to find that the fixed equipment had been relocated and was open for use. The 'old' area is sectioned off while we fix the holes and fill the space with an appropriate material on which to put some more outdoor tables for our students to use during eating time and for quiet activities during play times.

We are very thankful for the City Serve team who will be visiting our school to complete some volunteer projects this weekend. Two years ago City Serve laid some turf in the support unit playground and this weekend they will continue working in this space to build a pirate ship, some raised garden beds and a sand pit. Following the painting of the paths with a colourful road system in the holidays, this work will almost complete this area providing these students with a colourful and engaging play area. The team will also assist us to finish off the interior refurbishment of the staff house so that this is a comfortable and attractive space in the school that can be used by staff and parent groups for meetings, planning days etc.

### **Student Achievements and Activities**

In the last week of Term 3, our Stage 2 students participated in the Charlestown Cup and had a great day. The students were able to compete against the other primary schools from our community of schools in a variety of fun games. These students did a great job of representing CEPS with pride.

Our Year 6 students participated in the Year 6 Leadership Day at Kahibah PS, also in the last week of Term 3 where they had the opportunity to meet other Year 6 students from the other local primary schools and complete a variety of team building tasks as well as listen to some motivational talks.

Welcome to baby Riley. Riley is a special new addition to the McAlister family – a baby brother for Aaliyah.

### **World Teachers Day**

The 26th October is World Teachers Day. I will be personally thanking our wonderful staff with a little celebration on Friday. Our teachers are dedicated to making the learning environment at CEPS positive and engaging, providing the students with the best opportunity to learn and grow. They commit a lot of time beyond the hours of the classroom to organise additional activities to further engage the interests of the students and to build on our fantastic school community. Take some time to acknowledge our wonderful teachers with a "thank you".

Have a great week everyone.

*Michelle Unterrheiner*  
Principal

	<b>QUALITY EDUCATION AWARDS</b>	<b>VALUES AWARD</b>
<b>TERM 4</b>	<b>WEEK 2</b>	<b>WEEK 2</b>
<b>K/6A</b>	Ruby	Chase
<b>K/6C</b>	Oscar	Ashton
<b>K/6T</b>		Kaitlin
<b>KM</b>	Imogen, Alfie	Audrey
<b>K/1B</b>	Zara, Milla	Jordie
<b>1H</b>	Alice, Lyla	Louie
<b>1/2T</b>	Harlem, Liam, Emily T	Paige H
<b>2S</b>	Ember, Eva	Charlie
<b>3L</b>	Alliss, Mia	Bodhi
<b>3/4V</b>	Jessica, Lincoln	Cohen P
<b>4/5N</b>	Phoebe, Harmony	Zac
<b>5M</b>	Lily W, Jacob W	Max
<b>6L</b>	Mia P, Mathias	Elora
<b>Library</b>	Izac, Aaliyah, Ally, Leila	

## LIBRARY NEWS

To all, welcome back! It is so hard to believe that this is the last term for 2018. How quickly time passes!

There is approximately two weeks to go until the CEPS Book Fair. THURSDAY 8th November, from 8:00am to 2:00pm. What a great day it promises to be!!

Due to popular demand, Scholastic Books will be supplying the books and I'm sure that every student will be able to find a book/s that will not only suit their interest and passion but also their pocket! This is a great opportunity to encourage in your child, a love of reading and a love of books by supporting our annual Book Fair! Why not come and do some early Christmas shopping – books make excellent gifts!

**Save this date in your diary: Thursday 8<sup>th</sup> November, 2018**

Donna Reinhard  
Librarian



## **1H visits the Life Education Centre at Edgeworth**

This is what we learned.....

about food advertising by making a poster on screen. Grigorii

about how the arteries bring oxygen to the blood. Oliviah

which foods are healthy and we won a game and did a victory dance. Eve, Livia, Abbie, Evelyn, Louie

where the places are that people are not allowed to smoke. Quinn

that Harold is funny. Alice

there are stars on the ceiling and I had a photo with Healthy Harold. Evie, Lyla

that Harold's head is soft when you pat him. Natarsha

that Harold can play the xylophone. Mila

that trees breathe carbon dioxide and we breathe oxygen. Zara, Rafael

that growing good friends is important. Ayla

that we should be kind to others. Reece

about chocolate being a sometimes food and no smoking in a car with kids. Jude

that smoking is bad for us because other people can breathe in the smoke. India, Talin

that some foods aren't healthy and the advertising on the box tricks us. Jade

that oxygen travels through your body and carbon dioxide is breathed out. Laurika







## Science Fair Fun!



## P & C Update

We hope all CEPS families had a great holiday and ready for a busy Term 4 ahead.

CEPS DRAG QUEEN BINGO. Tickets on sale now from the school office. \$25.00 a ticket includes entry, 3 games of bingo, dauber, entertainment and nibbles on arrival. Arrive 6pm for 7pm Start. BYO Esky. Partners, family, friends, school community all welcome.

CONGRATULATIONS 1H on winning our 5c/10c Fundraiser. 1H enjoyed their class ice-cream party at the end of last term. Well done 1H!

We hope you all enjoyed your Thompsons Pie orders over the holidays. Thank you to those who supported this fundraiser.

Last year your P&C added an exciting segment into the P&C meetings called "Teachers and The P&C". Each month we approached a different teacher on staff to give us an insight into their passions, interests, thoughts, ideas, visions and goals of what they would like to see happen in the school. In doing this we supported the teacher in achieving their different initiatives. We look forward to reporting to you Mrs Highland's ideas next newsletter.

We are in the final stages of finishing our outdoor kitchen. This will be a fully working kitchen with BBQ area and running water. We are looking forward to being able to use this area for our BBQ events and for CEPS students to use the produce from the community gardens to practice their cooking skills.

Remember that REBEL sports store are on board with our ongoing fundraisers. Please mention Charlestown East Public School with every purchase at REBEL for the school to receive cash back.

### Don't forget our ongoing Fundraisers -

#### 1. Newcastle Permanent Building Society Introducer Program

For every eligible new home or business loan (over \$100,000), Newcastle Permanent will give Charlestown East \$600. During the loan application process, you just need to mention our school name. Visit <http://www.newcastlepermanent.com.au/Community/IntroducerProgram/tabid/1069/Default.aspx>

#### 2. Athlete's Foot School Rewards Programme

When buying new school shoes or joggers don't forget to visit the Athletes Foot. For every pair of shoes purchased the school receives \$5.00 when you mention CEPS.

If you have a business or a relationship with a supplier and you would like to join our ongoing fundraiser program please let us know by emailing [pandc@ceps.org.au](mailto:pandc@ceps.org.au).

### P&C Organisation and Events

#### Achieved this fortnight:

- ❖ Thompsons Pie Drive
- ❖ Use of the square for the uniform shop
- ❖ 5c and 10c Fundraiser
- ❖ Further development of outdoor learning area

#### P&C looking ahead:

- ❖ Organisation P & C Meeting
- ❖ Organisation of Kinder uniform orientation days
- ❖ Organisation of Relocation of the uniform shop
- ❖ Organisation of CEPS Bingo night
- ❖ Organisation of CEPS Xmas film night
- ❖ Organisation Outdoor Kitchen

Remember your committee is open to all ideas so please don't hesitate to contact us via email or see any of us in the playground. We look forward to keeping you up to date with our efforts next newsletter.

If you would like to be kept updated with everything that goes on in your P&C you can be added to our email list to receive a copy of the P&C meeting minutes. Please email [pandc@ceps.org.au](mailto:pandc@ceps.org.au).

Thanks for your continual support.  
Jody Pavlou and the P&C Committee

## News from the Uniform Shop

We are looking forward to our new Kinder students coming to school next year. If you have a child starting next year and would like to purchase their uniforms now, please fill in the uniform order form and we will deliver them to their sibling's classroom to take home or you can collect them from the office. Uniforms are also for sale at the kindergarten orientations happening next term.

Due to our suppliers increasing their costs there has been a slight increase in school uniforms. Please see attached new uniform order form also found on the website and the app.

Remember, if your child has grown out of any logoed school uniforms and you would like to donate them to the 2nd hand uniform stock, they will go to great use. Please hand them into the school office. A 2nd hand uniform sale is held with the monthly CEPS mini markets. Please make sure you take a look as there are some really good quality uniforms being passed down. It is so nice to see so many CEPS students wearing their school uniform with such pride.

Thank you for supporting uniformity across our playground.

## News from CEPS Community gardens

The rainy holidays has made our garden greener than ever. Thanks to everyone who kept an eye out during this time to make sure our area stayed safe and free of vandals. Unfortunately the forecast made us cancel our garden working bee earlier this month although in the end the day was dry and sunny! I would like to say a huge thank you to Mrs Burgess, Dan Maher (Jonah's dad - 2S ), Luke Reid (Tayah - 2S and Cohens's - K1B dad) and Kasia Dutton (Jonah's mum - 6L) who gave up their Sunday morning to start the foundation for our donated garden shed from Bunnings, our 'weather and learning station' and 'bug hotel' in the outdoor cvlassroom. Your time is greatly appreciated!

On Tuesday 30th we will be having our Outdoor Classroom Day, were students can spend some time planting our summer crop in the garden. There will also be some fun activities for students to engage in, learn from and enjoy.

We will have nice healthy crop of lettuce, cabbage, kale, parsley, thyme, onions, leeks and more at the monthly markets this afternoon from 2.50pm, under the cola. We hope to see you there.

Thanks for your continual support.

Maree Turner and the P&C Committee

## LUNCHBOX CAFÉ NEWS

Welcome back to Term 4, we hope that everyone enjoyed their break and is ready for the busy term ahead. With the weather warming up, we are going to have a salad week in our canteen. Starting Monday the 5th November until Thursday 8th November. During these 4 days if your child orders an item on our menu that has salad with it, they will receive a free yoghurt or juice pop. Please encourage your children to give some of our yummy salads, burgers, rolls, wraps or sandwiches with salad a try.

Later this term we will have our final fresh food Thursday for the year, as well as our Christmas Meal Deal. Stay tuned for some more fun days in our Lunch Box Café.

Please remind your children to hand their lunch orders in on time, before the morning school bell. Especially on Fridays, those students playing tennis need to hand in lunch orders before they leave. We have a large number of orders on Friday and it is difficult with orders coming in throughout the day.

Leila Finch and the Canteen Committee

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CANTEEN VOLUNTEERS ROSTER	Mon 22 Oct	Tues 23 Oct	Wed 24 Oct	Thurs 25 Oct	Fri 26 Oct
	Leila Finch Anneke Reeves	Jenny Roach Lisa Baglee	Larissa Bambach Hayley Deacon  Kinder Orientation	Marley Harris Aleisha Tuckerman	Leila Finch Marney McDonald
	Mon 29 Oct	Tues 30 Oct	Wed 31 Oct	Thurs 1 Nov	Fri 2 Nov
	Leila Finch Kristen Foote 11.20 – 2pm	Leila Finch Emma Lowder	Kristie Krainz Leila Finch 12 – 2pm	Katrina D'Alessandro Emma Whittle	Leila Finch Jenni Ryan Tash Sugden 8.50 – 11.30
	Mon 5 Nov	Tues 6 Nov	Wed 7 Nov	Thurs 8 Nov	Fri 9 Nov
	Leila Finch Heather Cowling 11.30 – 2pm	Leila Finch Julie Lewis	Dayna Barlow Belinda O'Hearn	Jody Pavlou Anna DeAngelis	Leila Finch Kayleen Buckton



# SCHOOL UNIFORM ORDER FORM

Please ensure you enclose the correct money and/or cheque and return to the School Office.



Child's Name: \_\_\_\_\_

Class: \_\_\_\_\_ Contact Phone Number: \_\_\_\_\_

ITEM	COLOUR	SIZES UNLESS SPECIFIED Youth - 4, 6, 8, 10, 12, 14, 16 Adult - 14	COST incl. GST	QTY	TOTAL
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HAT					
Bucket Hat Royal Blue with Sports colour inside	<b>CIRCLE SPORTS COLOUR</b> Red Blue Green Yellow	<b>PLEASE CIRCLE</b> S M L XL	\$20.00		

GIRLS UNIFORM					
Polo Shirt - Short Sleeve	White	<b>SIZE:</b>	\$25.00		
Polo Shirt - Long Sleeve	White	<b>SIZE:</b>	\$30.00		
Dress	Royal Blue & White Checks	<b>SIZE:</b>	\$45.00		
Skorts	Royal Blue & White Checks	<b>SIZE:</b>	\$35.00		
Warm Stockings, 80% Cotton	Navy	<b>PLEASE CIRCLE</b> 4-6 7-10 11-14	\$10.00		
Long Pants, Fleecy Lines, Elastic Waist	Grey	<b>SIZE:</b>	\$25.00		
Warm Zipper Jacket with Waistband	Royal Blue	<b>SIZE:</b>	\$45.00		

BOYS UNIFORM					
Polo Shirt - Short Sleeve	White	<b>SIZE:</b>	\$25.00		
Polo Shirt - Long Sleeve	White	<b>SIZE:</b>	\$30.00		
Shorts, Gabardine	Grey	<b>SIZE:</b>	\$20.00		
Long Pants, Gabardine, Elastic Waist	Grey	<b>SIZE:</b>	\$25.00		
Warm Zipper Jacket with Waistband	Royal Blue	<b>SIZE:</b>	\$45.00		

UNISEX SPORT UNIFORM					
Sports Polo Shirt	<b>CIRCLE SPORTS COLOUR</b> Red Blue Green Yellow	<b>SIZE:</b>	\$25.00		
Sports Shorts	Royal Blue	<b>SIZE:</b>	\$20.00		
Sports Shell Jacket	Royal Blue	<b>SIZE:</b>	\$45.00		
Sports Shell Pants with Leg Zipper	Royal Blue	<b>SIZE:</b>	\$25.00		

MISCELLANEOUS					
Logoed Plastic For Notes	Royal Blue	N/A	\$15.00		
Library Bag	Calico	N/A	\$5.00		
Insulated All Rounder Lunch Wallet Black with Coloured Trim	<b>CIRCLE TRIM COLOUR</b> Grey Red Blue	N/A	\$10.00		

**TOTAL**

# SCHOOL UNIFORM



Our school community strongly supports the wearing of the school uniform. We believe that wearing our school uniform promotes self-discipline and helps build school pride among our students.

Uniform items are available through CEPS Uniform Shop, which is located between years 3 and 4 classrooms.

**The uniform shop is open by appointment only by emailing [uniforms@ceps.org.au](mailto:uniforms@ceps.org.au)**

For orders at other times please download the order form from the school website, or pick up from the office. Place order and money with the office staff. Your order will be delivered to your child's classroom.

## SUMMER



### GIRLS

- Tartan School Tunic or White School Polo & Tartan Skort
- White Socks
- Black School Shoes



### BOYS

- White School Polo
- Grey Shorts
- Grey Socks
- Black School Shoes

### SPORTS UNIFORM

is worn on a Friday – Green Koalas, Blue Kangaroos, Red Robins, Yellow Swallows



### SPORTS

- House Colour Polo
- Royal Blue Sports Shorts
- White Socks
- White Joggers

## WINTER



### GIRLS

- Tartan School Tunic or White Long Sleeve Polo with Tartan Skort or Grey Pants
- Royal Blue School Jacket or Jumper
- Navy Stockings
- Black School Shoes



### BOYS

- White Long Sleeve Polo
- Grey Long Pants
- Royal Blue School Jacket or Jumper
- Grey Socks
- Black School Shoes

### UNISEX

- White Long Sleeve Polo
- Royal Blue Shell School Jacket
- Royal Blue Shell School Pants
- Black School Shoes

### SPORTS UNIFORM

is worn on a Friday – Green Koalas, Blue Kangaroos, Red Robins, Yellow Swallows



### SPORTS

- House Colour Polo
- Royal Blue Shell School Jacket
- Royal Blue Shell School Pants
- White Socks
- White Joggers

## HAT

## HAVE HAT, WILL PLAY!

School hats are mandatory to support the school's 'HAVE HAT, WILL PLAY' policy.



For students safety it is requested that jewellery is not worn to school.

Earrings such as studs or small sleepers are acceptable. Royal Blue Hair accessories for girls.



# Disco!

Date: Wednesday 7<sup>th</sup> November

Time: **K-2:** 6 - 7.15pm

**3-6:** 7.30 – 8.45pm

Venue: School hall

Theme: "80s"

Cost: \$3 entry per person  
(\$7 for 3 + family members)

Food/drink: Chips \$1  
Cordial 50c (20c for a refill)

Raffles: 50c a ticket or 3 for \$1



**DUDLEY  
WAR MEMORIAL  
TRUST**

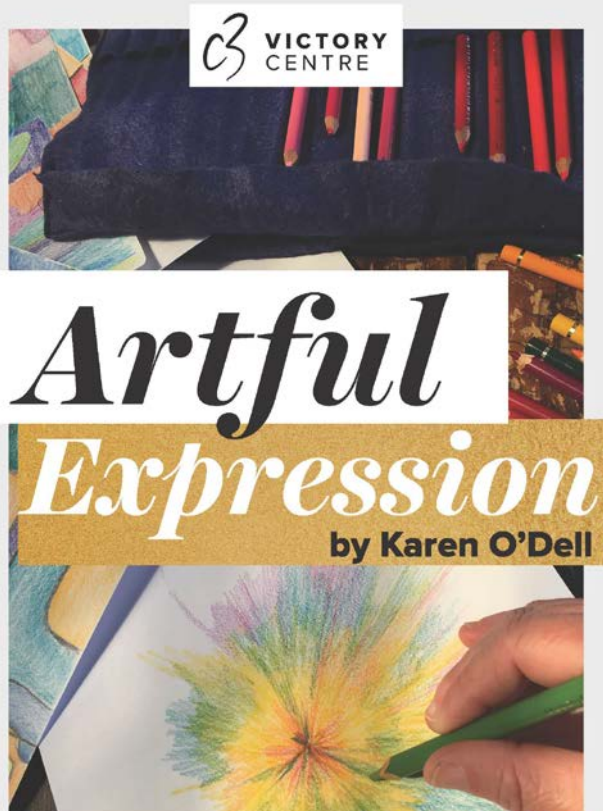


## Remembrance Day November 11, 2018

Dudley War Memorial Trust Board invites you and any representatives to attend a Remembrance Day Service on November 11, 2018 at Dudley War Memorial. Held within the grounds of the monument.

Commencing at 11am

**LEST WE FORGET**



## art therapy for **MOTHERS**

Call us on 4922 6800 or email [admin@c3victory.org.au](mailto:admin@c3victory.org.au)

Art therapy is a wonderful therapeutic tool where people are able to express through images what sometimes can't be put into words. It can be purely a creative moment to promote relaxation and awareness of things other than the concerns of our busy daily lives. The exercises used in art therapy are not bound by anyone's artistic capabilities, but rather, a fun, insightful and engaging experience.

Karen is a wife and mother to 3 daughters and has 2 grandchildren. Karen has a Bachelor of Arts in Visual Art and a Diploma in Art Therapy. She loves all things creative. She has a desire to bring people and creativity together in order to help individuals to discover the best in themselves. Karen currently works part time as an art therapist with groups and individuals.



**WHEN:**  
Weekly, 23rd October till  
27th November

**WHERE:**  
C3 Victory Centre  
5 Hoptoun St, Charlestown

**TIME:**  
9:30am - 12pm

**HOW MUCH:**  
\$30

Booking Essential.

Child minding also available.

Call us on 4922 6800 or email [admin@c3victory.org.au](mailto:admin@c3victory.org.au)

**Good for Kids** good for life

## CHOOSE WATER as a drink

Water is the best drink as it does not have any added sugar. Fruit juices, soft drink, sports drinks or cordials should not be given to your child everyday as they contain a lot of added sugar. Tap water is the best choice. In most areas, tap water contains fluoride, which helps children to develop strong teeth.

### HOW MUCH SUGAR IS IN THAT DRINK?



### HOW MUCH WATER SHOULD KIDS DRINK EACH DAY?



Source: Western Sydney Local Health District



PHONE 49246499

## GIRLS BASKETBALL CLINIC

Former Australian Institute of Sport & US College Basketball coach Kristy Flores will be conducting **two** Free ALL GIRLS basketball clinics, held on the 17<sup>th</sup> & 24<sup>th</sup> of October.

These sessions are aimed at girls aged between 8 to 12 years of age who are eager and ready to learn some new skills in a fun environment

Sessions will be held here at the Newcastle Basketball Stadium (27 Young Road, Broadmeadow NSW 2292) from 4.30pm – 5.30pm.

Girls are encouraged to bring their own ball and water bottle, however balls will be supplied to those who do not have one.

No registration is required, just be ready to go at 4.30pm.

Alison Ebzery

Newcastle Basketball  
4961 3185







**BINGO**

**WITH TIMBERLINA**

Join us for a night of laughs and fun.

Mums, Dads, Friends, Family, Community Members all welcome. (This will be a kid free event so organise your babysitters!)

**FRIDAY 9 NOVEMBER TICKETS \$25**

Includes nibbles on arrival, 3 games of Bingo, a dauber & entertainment

On sale now from the school office / BYO Esky

PS CHARLESTOWN EAST  
PRIDE WITH HONOURS

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Oct	22 Peer Support	23 Cake Stall 1/2T & K/6A	24 Kinder 2019 Orientation	25 GATS Drama WHS	26 GATS Drama WHS
3 Oct / Nov	29 Peer Support	30	31 Yr 6 'Have a Go Day' WHS	1	2
4 Nov	5	6 Cake Stall K/1B & K/6T	7 <b>DISCO</b>	8 Book Fair	9
5 Nov	12	13	14 ← Yr 6 Canberra Excursion →	15	16
6 Nov	19	20 GATS Drafting and Robotics WHS	21 GATS Writing WHS	22 GATS Writing WHS	23 GATS Writing WHS
7 Nov	26 Swim School	27 Swim School	28 Swim School	29 Swim School	30 Swim School